

A Identidade Profissional e a Deriva de Carreira

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Abstract

This research article intends to study the concept of career identity and the concept of career drift, trying to understand if they have any type of relationship and its impact on individuals. Several concepts that may be related to both notions analyzed were studied, such as career satisfaction, career control, career exploration, psychological contract, career barriers, regulatory focus and career hope. It was also introduced the concept of career mist, which has influence on career drift and has been little researched. Thus, the concepts developed in this article were chosen considering their possible relations with career identity and career drift and the different effects they may have on individuals.

The literature review of all these concepts and the possible relationships between them was made. All concepts were related to the career drift, which is related to that of career identity. Some notions are related to both concepts. However, these links will only be verified in the future through a scale. Thus, one of the limitations of this study is the lack of verification of the relationships between the different concepts analyzed, since only qualitative research was carried out within the literature review.

Keywords: career identity; career drift